

# prayer team

## OVERVIEW

Prayer team members are available during communion and after the worship service to pray with people who come forward, follow up on prayer requests to provide encouragement and connect those who would like further care resources with the PCC care team.

## Service Time Blocks

Prayer team members are scheduled once a month on one of the following shifts. Check-in when you arrive to service and get your name tag.

10AM Team: 11:15 - 11:50

5PM Team: 6:15 - 6:50

## Details

All the time: Whenever you are serving, line up in front of the stage when the pastor comes out for the benediction. This way you are visible to the congregation.

When we have communion: If you are serving at a communion service, you will be assigned positions the week before. You will pray during communion and also after the service.

Stay up front for 15 – 20 minutes. Then return your name tag to the box.

### Continued Prayer

Our deacons and elders love to pray for our congregation throughout the week. Please feel free to let anyone you pray with know about this opportunity. If they are interested, you can email their request to: [prayerrequest@pacificcrossroads.org](mailto:prayerrequest@pacificcrossroads.org)

### Congregational Care

If you feel the person you are praying with could use additional follow-up, ask for their permission to share their request with the PCC care team and email their info to: [congregationalcare@pacificcrossroads.org](mailto:congregationalcare@pacificcrossroads.org).

# PRAYER: A GUIDE

## Our Praying Savior

1. Jesus devoted himself to prayer, continually. | Luke 5:15-16

But now even more the report about him went abroad, and great crowds gathered to hear him and to be healed of their infirmities. But he would withdraw to desolate places and pray.

2. Jesus taught us repeatedly about prayer. | Luke 11:1-4

Now Jesus was praying in a certain place, and when he finished, one of his disciples said to him, “Lord, teach us to pray, as John taught his disciples.” 2 And he said to them, “When you pray, say:

“Father, hallowed be your name.  
Your kingdom come.  
Give us each day our daily bread,  
and forgive us our sins,  
for we ourselves forgive everyone who is indebted to us.  
And lead us not into temptation.”

3. Jesus modeled humble, dependent, bold prayer. | Luke 22:39-46

And he came out and went, as was his custom, to the Mount of Olives, and the disciples followed him. And when he came to the place, he said to them, “Pray that you may not enter into temptation.” And he withdrew from them about a stone’s throw, and knelt down and prayed, saying, “Father, if you are willing, remove this cup from me. Nevertheless, not my will, but yours, be done.” And there appeared to him an angel from heaven, strengthening him. And being in an agony he prayed more earnestly; and his sweat became like great drops of blood falling down to the ground. And when he rose from prayer, he came to the disciples and found them sleeping for sorrow, and he said to them, “Why are you sleeping? Rise and pray that you may not enter into temptation.”

4. Jesus is still praying for us! | Romans 8:34, 1 John 2:1

Christ Jesus is the one who died—more than that, who was raised—who is at the right hand of God, who indeed is interceding for us.

Hebrews 9:24

For Christ has entered, not into holy places made with hands, which are copies of the true things, but into heaven itself, now to appear in the presence of God on our behalf.

My little children, I am writing these things to you so that you may not sin. But if anyone does sin, we have an advocate with the Father, Jesus Christ the righteous.



# INTERCESSORY PRAYER

## WHAT WE BELIEVE ABOUT PRAYER

1. God is good and powerful: Ephesians 3:19-20

...and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.

Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

2. God hears our prayers, and we have standing before Him to pray: Ephesians 3:11-12:

This was according to the eternal purpose that he has realized in Christ Jesus our Lord, in whom we have boldness and access with confidence through our faith in him.

God wants us to pray to him: John 16:23-24

Truly, truly, I say to you, whatever you ask of the Father in my name, he will give it to you. Until now you have asked nothing in my name. Ask, and you will receive, that your joy may be full.

4. God answers prayer: Luke 11:10-13

For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened. What father among you, if his son asks for a fish, will instead of a fish give him a serpent; or if he asks for an egg, will give him a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!

## THE POSTURE OF PRAYER

1. Be Present

Physically Present

Spiritually Present

2. Listen

Ask their name

Ask how you can pray

Ask follow up questions as needed and appropriate



### 3. Pray

Praying with and for them is important:

For them: teaches and models dependence on God

For us: Reminds us that we are not the Christ

### 4. How to Pray

Focus on God

Ask God to intervene and to rescue.

Bring up the specific request - don't get so lost that you forget what brought this person to you.

Don't be afraid to ask for big, impossible things.

Pray as long as necessary... and not longer.

### 5. Follow up as appropriate

For most needs/concerns:

Ask, "Would you like me to pass this request on to our pastors, elders and deacons? They pray for needs in our community and would love to pray for yours. I can pass it on anonymously if you'd like."

(As needed) Connect to appropriate resources - Community Groups, Rise Up (formerly known as Celebrate Recovery), Congregational Care, etc.

Remember that person in your prayers over the next week.

As appropriate and able, send them a short follow up note that lets them know you have been thinking and praying for them.

For critical needs/concerns:

For needs that are more serious in nature, for example: depression/suicidal thoughts, addictions, eating disorders, severe marital or interpersonal conflict (violence, abuse, divorce, etc.).

Ask, "I'd really like to make sure you are cared for. I'd like to pass on your request to one of our leaders to follow up with you personally. I think it is really important and is the best thing for you, but I don't want to do it without your permission. Can I get your best contact information?"

Remember that person in your prayers over the next week.

As appropriate and able, send them a short follow up note that lets them know you have been thinking and praying for them.



# PRAYING WITH SOMEONE TO FOLLOW CHRIST

Here are a few things to keep in mind if someone expresses a desire to make a commitment to follow Christ:

During this prayer keep your spiritual posture towards God the same as any other time.

When you pray for them keep an arms-length distance as they may not be used to close proximity with strangers.

Guide them through the moment. You might say:

1. How can I pray for you? Answer: I would like to respond to what was shared from stage
2. Okay, would you bow your head in prayer with me? Let's come to God in prayer.

Keep these components in mind as you pray with them. Use your own words. You can start with "Father we confess that..."

a) INWARD: A cry of sorrow for sin.

b) OUTWARD: A realization that there is work outside of themselves on their behalf in the person/work of Jesus.

c) FORWARD: A desire and commitment to place King Jesus as the Commander/Director of their lives.

Here a sample of a believer's prayer to help you grasp the sense of the moment:

"Jesus, I want to trust in you. I believe you can rescue me from being isolated from God. I want to give you my life. Make me the kind of person you want me to be."

